



Source Physical Therapy & Wellness

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PHYSICAL THERAPY PRESCRIPTION

Patient : _____ DOB: _____

Diagnosis : _____ Date : _____

- EVALUATE & TREAT – as recommended per PT
- DRY NEEDLING TREATMENT
- Manual Therapy / Soft tissue mobilization / Traction
- Joint Mobilization / Range of Motion (ROM) / Stretching
- Therapeutic Exercise / Strengthening
- Therapeutic Activities / Functional ADL Training
- Neuromuscular Re-ed / Proprioception / Posture
- Modalities prn (E-Stim, NMES, Iontophoresis, US)

Specific Precautions / Recommendations:

Frequency & Duration: _____ Per PT Discretion:

Physician: _____
(Please Print) Signature